CURRICULUM

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Community Health Worker

(Short Course)



Council for Technical Education and Vocational Training CURRICULUM DEVELOPMENT DIVISION

Sanothimi, Bhaktapur Revised in 2009

Introduction:

His Majesty's government of Nepal has published its health policy 2048 that gives due consideration to the health for all by the year 2000 A.D. according to the motto of the World Health Organization. After restoration of democracy, government has shown its commitment to establish one sub-health post in all Village Development Committees of the country. There is a significant role in the community of a health personnel. Nepal is full of villages. The health condition of the people is not good. Maternity health, the health of infants and underfive are the critical areas to be addressed and tackled by the health personnel. The retention of health personnel is also equally important issue. Therefore, this curriculum is designed to equip the health persons and make them available in the local level or in the community.

Majority of rural people of Nepal are derived from basic primary health care services. Considering this fact, HMG realized that its own effort is not sufficient to achieve national goal. Therefore, the necessary of private sector participation is realized to work and train people needed to tackle the community need of the country.

General Objective:

- Promote private sector to produce human resource to improve the national health condition
- Provide technical and vocational training to those citizens who can not achieve higher education due to the different reasons.
- Achieve the slogan of WHO "Health of all by 2000"

Specifc Objectives:

- Identify the health needs of a community and prescribe the methods or approaches to solve them.
- Motivate people to have a planned family by using contraceptives.
- Educate community on safe motherhood.
- Assess the nutritional status of a community
- Provide nutritional education the community
- Identify communicable diseases which are more prevalent in the community
- Provide first aid treatment to a victim.
- Identify common intestinal and circulatory parasites by simple laboratory techniques
- Educate people on common health problems
- Encourage and promote personal and environmental sanitation in the community.
- Promote rational use of drugs
- Identify and refer the mental illnesses in the community.

Eligibility Criteria:

The candidates having class eight pass, 16 years of age can apply for this training program. Preferences will be given to those candidates who are very motivated to work as a health worker.

Special Considerration:

The candidates from remote and destitute and disadvantge groups will be given priority while selecting the trainees for the training programs.

Examination:

- Internal assessment (at least 4times) 50%
- Final assessment 50%

Pass mark in theory will be 40% and 60 % for the practical evaluation.

Training Capacity: 40 trainees in each session

Duration: Six months.

Total Hours:

• Theory and practical in institution: 480 hours

Field practice: 300 hoursTotal hours: 780 hours

Certification Requirements:

The trainees will be certified by the training institution with a certificate of CHW after the successful completion of the training.

Module: Anatomy and physiology

Tasks	TPO	Related technical
1. Introduce anatomy/physiology	anatomy and physiology introduced	chefinition and importance definition, structure and function of cell different types of tissue and membrane of body different organs, symtoms and functions anatomical terms
2. Define skeletal system	skeletal system defined	-types, structure, and functions of bones -problems of major bone joints in Nepal
3. Define muscular system	muscular system defined	-types and functions of muscles -difference between tendons and legaments -location of major muscles -specific muscles for injection
4. Define circulatory system	circulatory system defined	-definition, composition, coagulation and function of blood -difference of of arteries, veins and capillaries -location and blood supply system of heart -process of blood circulation -identification of heart sound, heart bit, pulse and B.Pcommon veins for intravenous injections
5. Define respiratory system	respiratory system is defined	-definition of respiration and types -identification of different organs of respiration -function, normal rate, and control of respiration

Time: 40 hours

		-clinical importance of
		respiratory system
6. Define lymphatic system	lymphatic system defined	-definition and composition
o. Define Tymphatic system	Tymphatic system defined	of lymphatic system
		-port of lymphatic system
		(nodes, vessels, and tissue)
		-clinical importance
7. Define digestive system	digestive system defined	-definition
		-activities
		-different organs
		-clinical importance
8. Define urinary system	urinary system defined	-definition
		-location
		-functions
		-structure
		-composition of urine
		-diagram of nephrone,
		urinary system
		-clinical importance
9. Define nervous system	nervous system defined	-definition
7. Define hervous system	nervous system dermed	-nerves, meninges and
		cerebrospinal fluid
		-classification of nervous
		system and their functions
		-clinical importance
10. Define endocrine system	endocrine system defined	-definition gland, hormone and
10. Beine endoernie system	chaocinic system defined	engime
		-difference between endocrine
		and exocrine glands
		-identification of location,
		function and structure of:
		 pituitory gland
		thyroid gland
		paratharoid gland
		adrenal gland testes and averies
		• testes and overies
		• islet of langerhance in pancrease
		• local hormones of
		skin
		-clinical importance
11. Define Sense organs	sense organs defined	-definition
		-identification
		-location
		-structure -function
		-types
		-clinical importance
		-cimical importance

Module: First aid and Emergency care:

Tasks	TPO	Related technical
Tuoko		knowledge
Define first aid and	first aid and emergency care	-definition
emergency care	defined	-importance
emergency care	defined	-aim and objective
		-responsibilities of aider
		-scope of emergency
		condition
		-role of CHW
Treat bleeding	bleeding treated	-definition
Treat biccomig	bleeding treated	
		-types -causes
		-signs and symptons
		-first aid management and prevention
Track also als	ale a ale tua ata d	-definition
Treat shock	shock treated	
		-types -clinical features
TD / 1	1 1	
Treat wounds	wounds treated	-definition
		-types
		-management
		-referal
Treat burns and scald	burns and scald treated	-definition
		-types
		-degree
		-causes
		-management
Handle common diseases	common diseases handled	-definition
		-identification
		-signs and symptons
		-causes
		-referal
Treat epistaxis	epistaxis treated	-definition
		-causes
		-management
Treat heat stroke	heat stroke treated	-definition
		-causes
		-sign and sympton
		-prevention
		-management
Treat frost bite and	frost bite and mountain	-definiton
mountain sickness	sickness treated	-sygn and sympton
		-premention
		-management

Time: 50 hours

Treat drawning	drawning treated	-definition -sygn and sympton -precausion -referal
Treat snake bite	snake bite treated	-definition -identification -sygn and sympton -first aid -referal
Treat dog bite	dog bite treated	-definition -identification -sygn and sympton -first aid -referal
Treat common insect bite	common insect bite treated	-definition -identification -sygn and sympton -first aid -referal
Treat fracture, dislocation and sprain	fracture, dislocation and sprain treated	-definition -identification -sygn and sympton -first aid -referal
Remove foreign body in eye, ear, nose and throat	foreign body removed	-definition -identification -sygn and sympton -first aid -referal
Treat unconscious patient	unconscious patient treated	-definition -identification -sygn and sympton -first aid -referal
Provide artificial respiration and cardiac massage	artificial respiration and cardiac massage provided	-definition -identification -sygn and sympton -first aid -referal
Treat high fever	high fever treated	-definition -identification -sygn and sympton -first aid -referal
Treat poisoning	poisoning treated	-definition -identification -sygn and sympton -first aid -referal

Module: Medical care/ communicable diseases

Tasks	TPO	Related technical
		knowledge
Introduce common	common problems	-common medical problems
problems	introduced	-importance
Define terms used in	terms used in medical care	-patient
medical care	defined	-sign and sympton
		-causative organism, host
		-environment
		-general and systematic
		complaints
		-daignosis
		-investigation
		-routine exam
		-advice
		-referal
		-impression
		-chemotherapy
		-treatment
		-surgical treatment
		-continous treatment
		-long term and short term
		treatment
		-nursing care
		-hospital types and services
		-in door and out door
		patient departments
		-discharge
		-follow up treatment
		-meaning of sygn and
		symptoms
		-treatment methods
Identify mode of	mode of transmission	-introduction of air borne,
transmission	identified	vector, vehical, contact and
		placental
		-local and systematic
		infection
		-clinical problem solving
		procedure
Treat fever, pain and	fever, pain and inflamation	-intorduction
inflamation	treated	-definition
		-types
		-relation with diseases
		-systematic treatment
		systematic treatment

Time: 60 hrs

	-management
injection provided	-intorduction
3 1	-site
	-methods
	-side effect and danger
	-precaution
	safety measure, sterlization
	and skin test
sterilization conducted	-intorduction
	-methods
	-precaution
	-safety measure,
	-disinfectants
History taken	-introduction
	-improtance
	-rules
	-types
	-procedures
systematic exam conducted	-inspection
	-palpation
	-auscultation
	-percussion
digestive system diseases	-Intorduction
	-definition
	-causes
	-s/s,
	-provisional diagnosis
	-treatment
	-preventive measure
	-advice and compaints
	-gastritis
	-peptic ulser
	-ascitis, cirrhosis of liver
	-spleenomegili
	-food poisoning
	-pancreastitis
	-abnormal mass or tumour
	-hepatitis
	-worms infestation
	-typhoid/ para typhoid
respiratory diseases	-Intorduction
identified	-definition
	-causes
	-s/s,
	-provisional diagnosis
	-treatment
	_ = -

	1	1
		-preventive measure
		-advice and compaints
		-acute or cronic bronchitis
		-pulmonary T.B
		-pneumonia
		-emphysema
		-asthma
		-pleural effusion
		-tropical eosinophilia
		-C.O.P.D
Identify cadiovascular	cardiovascular diseases	-Intorduction
diseases	identified	-definition
		-causes
		-s/s,
		-provisional diagnosis
		-treatment
		-preventive measure
		<u> </u>
		-advice and compaints
		-hypertension
		-congestive cardiac failure
		-rheumatic fever
Identify nervous system	nervous system diseases	-Intorduction
diseases	identified	-definition
		-causes
		-s/s,
		-provisional diagnosis
		-treatment
		-preventive measure
		-advice and compaints
		-epilepsy
		-meningitis
		-tubercular tupe
		-hysteria
		-paralysis
		-septic type
		-viral type
Identify endocrine diseases	endocrine diseases	-Intorduction
	identified	-definition
		-causes
		-s/s,
		-provisional diagnosis
		_
		-treatment
		-preventive measure
		-advice and compaints
1		1
		-goiter -thyrotoxicosis

		1
		-hypothyroidism
		-nontoxic simple goiter
		-pancreatitis
		-diabetes mellitus
Identify skeletal diseases	skeletal diseases identified	-Intorduction
		-definition
		-causes
		-s/s,
		-provisional diagnosis
		-treatment
		-preventive measure
		-advice and compaints
		-oesteo-arthritis
		-T.B arthritis
		-rheumatic arthritispyogenic
		arthritis
		-gout
		-stiffness and emmobilised
		joint problems
Identify haematology blood	haematology blood diseases	-Intorduction
diseases	identified	-definition
discuses	Identified	-causes
		-S/S,
		-provisional diagnosis
		-treatment
		-preventive measure
		-advice and compaints
		-iron deficiency anaemia
		-anaemia due to blood loss
Identify skin diseases	skin diseases identified	-Intorduction
identify skill diseases	skiii diseases identified	-definition
		-causes
		-s/s,
		-provisional diagnosis
		-treatment
		-preventive measure
		-advice and compaints
		-impetigo
		-scabies
		-eczema
		-pimple
		-pyoderma
		-ring worm
		-allergic dermtitis
		-psoriasis
		-vililigo

		-dandruf
Identify sense organ	sense organ diseases	-Intorduction
diseases	identified	-definition
		-causes
		-s/s,
		-provisional diagnosis
		-treatment
		-preventive measure
		-advice and compaints
		-conjunctivitis acute/cronic
		-otitis media acute/ cronic
		-sinositis acute /cronic
		-pharyngitis, laryngitis,
		tonsilitis acute/ cronic
		-angular stomatitis
		-xeroph thalmia (night
		blindness)
		-otitis externa
		-trachoma
Identify and manage	HIV/AIDS infected cases	-introduction
HIV/AIDS infected cases	identified and manage	-general sygn and sympton
		-diagnosis
		-mode of transmission
		-high risk group
		-treatment and management
		-prevention
		-health education and
		counselling to HIV/ AIDS
		patients

Module:Epidemiology and communicable diseases

Tasks	TPO	Related technical
Tubiks		knowledge
Introduce the module	module introduced	-definition -communicable and non- communicable diseases -present sitation of CD in Nepal -role of CHW in prevention
Define chain of infection	chain of infection defined	-source of reservoir -mode of transmission -susceptible host
Identify common communicable diseases	common communicable diseases identified	-introduction -definition -mode of transmission -incubation period -types of diseases related to gastro intestinal tract, respiratory tract, ART, six killer diseases immunization
Define terms used in epidemiology and communicable diseases	terms used in EC diseases defined	-infection -infestation -non-infectious disease -contamination -resistance -carrier -virulence -sporadic -surveillance -reservoir source -inflamation -infectious disease -contagious disease period of communicability -host, agent and environment -epidemic, endemic and pandemic -zoonoses -eradication
Identify other specific	other specific diseases	-vectopr -leprosy

Tme: 50 hrs

diseases	identified	-malaria
		-filaria
		-kalazar
		-meningitis
		-STDs
		-mumps
		-encephilitis
		-plague
		-chicken pox
		-titanus

Module:ic Pharmacology and Pharmacy

Tasks	TPO	Related technical
		knowledge
Introduce the module	the module introduced	-minicleture on aims and
		objectives
		-importance
		-concept of s.i. unit
Define elements and	elements and compounds	-definition
compounds	defined	-types
_		-pharmacy
		-pharmacology
		-therapy
		-drugs
		-adverse effect
		-habituation
		-indication
		-contraindication
		-generic names
		-trade names
		-expiry dates
		-sombols and role of
		important elements and
		compounds
Identify routes of drug	routes of drug	-oral
administration	administration identified	-pyrenteral
		-topical
		-rectal
		-veginal
		-advantages and
		disadvantages of different
		routes
Prescribe drugs for	drugs for digestive diseases	-definition of drugs
digestive diseases	prescribed	-antacids
		-antispasmodic
		-antiemetics
		-laxative and purgative
		-almunium hydroxide
		-sodium bicarbonate
		-prosethazine Hcl.
		-bisacodyl
Prescribe drugs for	drugs prescribed	_Definitions of:
respiratory diseases		-cough expectorant
		-bronchodilator
		-antihistamine
		-ephidrine

Time: 50 hrs

		-salbutamol
		-aminophylline
D '1 '.'		-pheniraminc maleate
Prescribe anti agents	anti agents prescribed	-analgesic
		-antaipyretics
		-anti inflamatory
		-aspirin
		-diclofence sodium
		-paracetamol
		-ibuprofen
		-general dose, uses and A/E
prescribe locally acting	locally acting drugs	Definition of
drugs	prescribed	-antiseptic
		-disinfectant
		-ectoparasiticide
		-local anestheic uses
		-tincture of iodine
		-white field's ointament
		-benzyle benzoate
		-lignocaine
Prescribe vitamins and	vitamins and minarals	-definitons

minarals	prescribed	-types
		-sources
		-uses
		-daily requirements of
		-retinal
		-b-complex
		-ascrobic acid
		-vit. D
		-iron
		-calcium
		-iodine
Prescrib drugs for infections	drugs prescribed	-definitions of
infestations		-antibiotic
		-antibacterial
		-sulphonamide
		-narrow and broad spectrum
		-bacteriostatic and
		-bactericidal
		Doses uses and A/E of
		-amoxycillin,
		cotrimoxazole, penicillin,
		1 -
		teracycline, erythromycine
T14:C11	-: 1CC/ 1 1	and chloramphenicol
Identify side effects and	side effect and drug	-s/s of some dangerous
drug interactions	interactions identified	drugs

		-milde ellergic reactions and treatment -signs and symptons of treament -example of drugs -interactions -principles of drug therapy
Identify drugs used for infections and infectious	drugs identified	-uses -doses -adverse effects of -metronixazole, piprazine, tinidazole, niclosamide, chloraquine, isoniazide, deithylcarbamazine and refampicin, depsone, pyrazinamide, clofazimine, streptomycine, mobondazole, albendazole, pyrental pamoate, loperamide, ethambutal, and thiactazole
Identify drugs for cardiovascular diseases	drugs identified	-uses, dosesand A/E of -frusomide -resorpine
Identify body fluids and electrolytes	body fluids and electrolytes identified	-definition -concept -oral rehydration -dextrose 5% and 10% -normal sline -ringers lacted
Identify herbal compounds	herbal compounds identified	-sources -uses -preparation process -advantages
Identify vaccines and sera.	vaccines and sera. identified	-vaccines types, doses, uses -BCG, DPT, Polio, T.T, measles -antirabies vaccines, antisnake vanom
Explain hormones	hormones explained	-uses, doses, and A/E of -insulin oxytocin -dexamethasone
Manage pharmacy dispensary	pharmecy dispensary managed	-prescription and its parts -calculation of accurate weight

		-abbreviations used in prescription -dispensing procedure -patient councelling -shelf life and expiry date -storing system
Define drug act of Nepal	drug act defined	-Main activities of DDA -catagories of drugs -banned drugs -ethics of health worker -role of CHW in pharmacy -classification of drugs available in health posts and sub health posts
Identify traditional medicine	traditional medicine identified	-introduction -history principles of traditional medicine -interrelationship of traditional methods -tools of traditional methods -introduction of traditional plants like jwano, meghi, dhaniya, marich, beshar, lahasun, dubo, lemon, grass etcintroduction of local pharmacy -current research on medicine -introduction of common diseases and traditional treatment -nousia and vomiting, hiccup, peptic ulser, diarrhia and dysentry and constipation -cough, nasal congestion, URTI, LRTI -STDs sexual disorders -pain in mansturation -dibetes -congenital heart disease, hypertension, hypotenson, blood pressure

-rash, eczema, urticardia, itching -dysmenorrhoea, leucorrhoea, menopouse and haemorrhage -fever, AIDS, joundice, wounds and burns -common problems of ENT

Module: Basic microbiology and lab techniques

Tasks	TPO	Related technical
		knowledge
Introduce microbiology	microbiology introduced	-introduction
		-meaning
		-classification of micro-
		organism
		-importance
Classify micro organism	micro-organism classified	-bacteria
		-virus
		-protozoa
		-fungi
		-rickettsial
Catagorize bacteria	bacteria catagorised	-gram positive
		-gram negative
		-acid fast becilli
Identify micro bacterial	microbecterial diseases	-T.B
diseases	identified	-Diphtheria
		-Leprosy
Make a list of viral diseases	a list of viral diseases made	-viral: rabies,
		poliomyelities, measles,
		chickenpox, AIDS, mumps
		and herposzoster
		-protozoal:
		amobic, dysentry, giardiasis,
		malaria parasites, kalazar
		-fungal: ring worm
		-ricketial; spotted fever,
		typhus fever
		-other parasites : definition,
		types, causing diseases
Apply microscope	microscope applied	-introduction
		-different parts
		-fatey
		-handling procedure
		-use for routine examination
		-blood exam
		stool exam
		-sputum exam
		urine exam
		-specimen collection
		-naked eye exam
		-safety disposal method of
		urine, stool, blood, spoutum

Time: 25 hrs

Carry out sterilization	sterilization carried out	-definition -methods -importance -advantages and disadvantages of agents -sodium,formal dehyde, ethynal(70%), glutoradehyde, savlon alcohal, hydrozen paroxide -phenol and lysol -local anticeptic: advantages and disadvantages -sterilization: mthods, definition and
		and disadvantages -sterilization:

Module: Community Development and Diagnosis:

Tasks	TPO	Related technical
- 11		knowledge
Define community	community development	-introduction
development	defined	-definition
oo , oropinone	00111100	-concept
		-service and process in
		community
		-objectives
		-historical background
		-basic elements
		-hindrances
		-stages
		-problems
		-role of NGO, INGO, HMG
		in community development
Define community	community organization	-meaning and definition
organization	defined	-fundamental factors,
8	0.000000	individuals, families,
		kinship, groups, society,
		caste, class race and tribe
		-characteristics
		-types
		-organizations in existence
		-procedure for community
		organization
Collect data	data collected	-data
		-kinds of data
		-data collection procedure
		(observation, questions,
		interviews, PRA, group
		discussions)
Analyze data	data analyzed	weighting data
•		-classification of data
		-tabulation of data
		-presentation of data
		(graphic, diagrams,
		pictures, films, maps,
		tabular)
Plan project	project planned	-introduction
<u> </u>		-elements of project
		(objectives, strategies,
		resources)
		-rolling plan cycle
		type of planning

Tme: 70 hrs

		(resource based planning, problem based planning, target group based planning)
Present field report	field report presented	-meaning -purpose -tiltle -introduction -methodology -intrepretation and submission -report writing skills

Module: Environmental Health and Sanitation Time: 25 hrs

Tasks	TPO	Related knowledge
Define environmental	environmental health and	-definition
sanitation	sanitation defined	-scope
		-water, sources and uses,
		impurity of water, hazards
		of polluted water
		-protection of water sources
		-purification of water
Dispose waste	waste disposed	-definition
_	-	-types (human , solide,
		waste water
		-health hazards due to
		wastes
Define air pollution	air pollution defined	-definition
-		-air pollution
		-air borne diseases
		-prevention
		-ventilation and its
		importance, type
Define food sanitation	food sanitation defined	-definition
		-importance
		-contamination
		-protection
		-sanitary measures
		-prevention
Define milk sanitation	milk sanitation defined	-definition
		-importance
		-milk borne diseases
		-milk contamination
		-milk adulteration
		-milk pasturization
Identify the insects and	insects identified	-introduction
rodents which cause		-insects (house fly, louse,
diseases		mosquoto, mite, tick and
		flea)
		-diseases from rodents
		-rodent control
		-rodenticide
Define noise pollution	noise pollution defined	-definition
		-importance
		-preventive measures
define ecological balance	ecological balance defined	-ozone layer,
		-rediological hazards
		-common diseases

Module: Health Education and management

Time 50 hrs

Tasks	TPO	Related knowledge
Introduce the module	the module introduced	-definition
		-essential qualities of good
		health
		-factors enfluencing health
		-importance
		-aims
		-principles
		-scope
Plan health education	health education program	-introduction
program	planned	-importance
		-steps of planning
		-survey
		-methods of data collection
Identify methods of health	health education methods	-individual
education	identified	 -counselling
		• -interview
		-group methods
		 group discussion
		 role playing
		 demonstration
		field visits
		• home visits
		• conferences
		• mini-lecture
		-mass methods
		• lecture
D 1 1	1. 1 1	• exhibition
Develop media	media developed	-audio aids
		-visual aids
	1 (1 (1	-audio-visual aids
Conduct evaluation	evaluation conducted	-subject for evaluation
		-time of evaluation
		methods of evaluation
Identify some for demantal	fundamental factors	suprvision and monitoring -elements and methods of
Identify some fundamental factors	fundamental factors identified	-elements and methods of communication
Tactors	idelitified	
		-public relation -change process (ways and
		hindrances to change process)
Conduct school health	school health program	-introduction
	school health program conducted	-aim
program	Conducted	
		-scope -environment
		-CHAHOHHICHI

		-service
		-instruction
		-joint activities
Introduce health	health management	-definition
	introduced	-introduction
management	miroduced	-health department organiogram
		and staffing
		-job description of sub health
		post staff
		-primary health care system
		-importance
		-immunization clinic/ mobile
		clinic activities
		-clinic administration system
		-Staffing pattern
		-responsibility
Conduct training	training conducted	-introduction
	daming conducted	-definition
		-types
		-importance
		-inservice training
		-training for community people
conduct supervision	supervision conducted	-definition
r	F	-importance
		-qualities
		-methods
Develop leadership	leadership developed	-introduction
		-types
		-qualities
		-participatory role
plan for activities	activities planned	-definition
	_	-importance
		-value
		-procedure
Keep records	records kept	-introduction
		-importance
		-procedures
		-record/ report different forms
		used in immunization clinic/
		mobile clinic
		-role of CHW

Module: MCH/ FP and Nutrition Time: 70 hrs

Tasks	TPO	Related knowledge
Introduce the module	the module introduced	-definition
		-need for MCH
		-functions of MCH clinic
		-anatomy and physiology of
		female reproductive organs
		-terms used in obstretic
provide antenatal care	antenatal care provided	-definition of ANC
1	1	-objectives of ANC
		-antenatal examination
		-changes during pregnancy
		-signs of danger
		-personal hygiene
		-immunization against TT
		-other advices
Provide delivery care	delivery care provided	-definition of narmal delivery
,	January 1	-need of delivery care
		-stages of labour
		-s/s of 1st and 2nd stages of
		labour
		-deference between true and
		false labour
Handle complications of	complications of	-abortion
pregnancy	pregnancyhandled	-ectopic pregnancy
r · S · · · · · · ·		-toxiemia
		-mal presentation
		-antepartum haemorrhage
		-anaemia
		-post martum haemorrhage
		-retained placenta
Provide postnatal care	postnatal care provided	-care of new born baby
r	r	• eye
		• skin
		• cord
		 abnormalities
		placenta delivery
Examine and care mother	mother examined	-examination of
		perineum
		• breast
		Ulcast
		• cochia
Provide postnatal advice	postnatal advice provided	

		-family planning
		-health check up
		-immunization
		personal hygiene
Define given problems	given problems defined	-pelvic infection
		-uterine prolapse
		-leucorrhea
		-trochomonosis
		-ARI
		-diarrhoeal diseases
		-immunization schedule
Define growth	growth defined	-definition of growth and
Bernie growth	growth defined	development
		-height
		-weight (road health chart)
		-MUAC measurment
		-dentition
		-milestones of development
		-head circumference
Define family planing	family planning defined	-introduction
		-objectives
		-FP model
		-advantages of FP model
Identify family planning	methods identified	-temporary methods
methods		 condoms
		pills
		 jellies/foam
		• IUDS
		 norplants
		dipo-povera
		• diapharagm
		calendar method
		 natural methods
		• natural methods
		-permanent methods
		-permanent methodsvasectomy
		-permanent methodsvasectomylaproscopy
		-permanent methodsvasectomylaproscopyminilap
Define nutrition	nutrition defined	 -permanent methods vasectomy laproscopy minilap -recanalization
Define nutrition	nutrition defined	-permanent methods • vasectomy • laproscopy • minilap -recanalization -definition of health and
Define nutrition	nutrition defined	-permanent methods • vasectomy • laproscopy • minilap -recanalization -definition of health and nutrition
Define nutrition	nutrition defined	-permanent methods • vasectomy • laproscopy • minilap -recanalization -definition of health and nutrition -introduction
Define nutrition	nutrition defined	-permanent methods • vasectomy • laproscopy • minilap -recanalization -definition of health and nutrition -introduction -local nutrients
Define nutrition	nutrition defined	-permanent methods • vasectomy • laproscopy • minilap -recanalization -definition of health and nutrition -introduction -local nutrients -normal requirement of food for
Define nutrition	nutrition defined	-permanent methods • vasectomy • laproscopy • minilap -recanalization -definition of health and nutrition -introduction -local nutrients -normal requirement of food for pregnent, lactating mother and
Define nutrition	nutrition defined	-permanent methods • vasectomy • laproscopy • minilap -recanalization -definition of health and nutrition -introduction -local nutrients -normal requirement of food for

		-suplimentary of breast feeding -disadvantages of bottle feeding -value of sarbottam pitho fluid requirement for dehydrate patients
Identify nutrient diseases	nutrient diseases identified	-Sign and symptons of vitamin deficiency retinal calcifarol vit. K vit. B complex vit. C iron deficiency folic acid deficiency calcium deficiency iodine deficiency PEM mixed type
Identify nutrient food	nutrient food identified	-kitchen gardening -fruit growing -sources of nutrients -classification of food -balance diet -locally available food

Module: Mental Health Time: 20 hrs

Tasks	TPO	Related knowledge
Introduce the module	the module introduced	-definition
		-types (mild, moderate,
		sever)
		-history taking
		-referal
		-followup treatment
Identify mental diseases	mental diseases identified	-definition
		-causes
		-treatment methods
		-rehybilitation
		 psycosis
		 organic
		 functional
		 neurosis
Define mental retardiation	mental retardiation defined	-introduction
		-definition
		-causes
		-effects on health and
		society
		-preventive measures
		-rehybilitation
Define alcohalism and drug	alcohalism and drug	-introduction
addiction	addiction defined	-definition
		-causes
		-effects on health and
		society
		-preventive measures
		-rehybilitation
		counselling and advice
		-role of CHW in mental
		health

Module: Entrepreneurship Development

Tasks	TPO	Related knowledge
Develop entrepreneurship skills	entreprenuership skills developed	-prioroty of goals
		-sources of information
		-styles of leadership
		problem solving procedure
		-risk calculation methods
Identify business project	business project identified	-rules of brainstorming
		-introduction on SWOT analysis
		-selction of the project
Manage the business	the business managed	-concept of management
		-managerial functions
		 planning
		 organizing
		 coordinating
		• controlling
		 evaluation
		 rules and regulation
		of the project
Determine marketing	Marketing determined	-market
		-kinds of markets
		-marketing
		-kinds of buyers
		-introduction to 4 ps
		-introduction to product life cycle
Conduct promotional activities	promotional activities conducted	-concept of advertisement
		-types of advertisement
		-procedure of advertisement
		-importance
		-medias of advertisement
Prepare a business plan	a business plan developed	-components of business plan
		-calculation of market shares
		-production level
		depriciation
		-calculation of preopening
		expenses, sale price, BEP ROI
****		-determination of P/L, A/C
Utilize communication skills	communication skills utilized	-introduction to communication
		-types of communication
		-means of communication

Time: 20 hrs

Anatomy and physiology Time: 40 hours First aid and Emergency care: Time: 50 hours Medical care/ communicable diseases Time: 60 hrs **Epidemiology and communicable diseases** Tme: 50 hrs **Pharmacology and Pharmacy** Time: 50 hrs Basic microbiology and lab techniques Time: 25 hrs **Community Development and Diagnosis:** Tme: 70 hrs **Environmental Health and Sanitation** Time: 25 hrs **Health Education and management** Time 50 hrs MCH/ FP and Nutrition Time: 70 hrs **Mental Health** Time: 20 hrs **Entrepreneurship Development** Time: 20 hrs